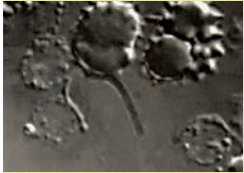


How Alkalinizing Purifies the Body— Dr. Erik Enby and Coral Calcium

No question that alkalinizing is beneficial for the human body. Just ask Dr. Erik Enby, a leading doctor and supporter of whole-food calcium supplements like coral calcium. The Swedish doctor's claim to fame is starting the Goteborgs Medicinkonsult HB in 1977, an institution for evaluating different kinds of alternative treatments.

Since the late 1970s, Dr. Enby has carried out investigations into the cause of disease. Could it be possible, he wondered, that there is a common



An example of small bubble-like formations in blood, taken from a patient of Dr. Enby. (www.enby.se)

link between different illnesses? Using blood microscopy, Dr. Enby found that all patients, whether they were suffering from allergies, cancer, or multiple sclerosis, had clusters in their blood that varied in size: "Small bubble-like formations with small moving granules...Larger bubble-like formations with microbe-like formations, Roe-like accumulations of small mobile granules...Ball-like structures

Coral—A Secret to Long Life?

In 1979, a British journalist was sent to interview Mr. Shigechiyo Izumi (June 29, 1865 – February 21, 1986), an Okinawan who, at 115 years old, astounded the world with his longevity. The journalist also observed that the island's other elderly inhabitants were also in good health.

It turned out that the water the islanders drank was different from anywhere else in the world—it was infused with coral calcium and other marine minerals! Because the Okinawan islands were built up from coral, the rain that percolates through the coral deposits picks up many essential minerals, and is very alkaline with a pH of 8.6.

with lifeless, cone-shaped centres and peripheries composed of moving microbe-like formations... [and] swarms with a large number of active microbe-like formations and severely altered red blood corpuscles" (Enby, E., 1984).

In a follow-up paper entitled "Some Principles of Somatic Therapy," Enby theorized that because there is a widespread amount of flora throughout the body with anaerobic (anti-oxygen) properties, they could potentially cause damage to tissues. The solution would be to oxygenize the body. "Good oxygenation is important because it normalizes the pH in the tissues," he wrote. "A similar effect on the pH in the blood also occurs through a predominantly alkaline-forming diet. Through a good circulation, oxygenation and nourishment supply, it is possible to counteract dysbiotic (disease-related) development."

CORAL CALCIUM:

GREAT CHOICE FOR ALKALINIZATION

Like other health experts, Dr. Enby has found coral calcium to be a great alkalizer. "I have treated thousands of my patients with the coral and I have seen all receive great benefits from its use," he says in an interview, citing cases of arthritis, leukemia, and migraines where patients find health support from coral calcium.

While stressing coral calcium is not the cure, Dr. Enby states that changing our body's pH level from an acid to an alkaline level enables it to support healthy resistance against unwelcome fungi and other enemy flora. Studies do indicate that calcium has a profound beneficial influence on individual cell pH, and we've reported on this important study in past issues.

Calcium serves as a buffer to regulate the body's acidity. The pH scale ranges from 0 to 14, with 7 being

the neutral point. Anything below 7 is acid, while any value above 7 is alkaline. Research has shown that the body will take calcium from the bones to bring balance to a highly acidic environment and that a highly acidic balance leads to osteoporosis and kidney stones.

But not all calcium supplements are easily absorbable, nor do they have a complete battery of other nutrients. Taken from above-sea deposits, coral calcium is one of the best absorbed calcium supplements and comes with organic and predigested calcium shown to be better absorbed than many other popular forms. Also, coral calcium's uniqueness has to do with the fact that it comes within a complete mineral matrix, supplying over 70 valuable trace minerals other calcium supplements do not provide, including magnesium and zinc. Coral calcium is more than a mere supplement; it is the whole-food approach to calcium supplementation. It fits with our magazine's support of whole-food supplements. ■

Resources

Finding an Eco-Safe Product—

Prefer eco-safe, above-sea coral. Coral Complex from Coral Inc. is the first powdered coral capsule product in the United States. This formula, which is complete coral minerals with vitamin D₃, has become the most popular and successful coral capsule formula in the nation.

Availability—Coral Complex is available at many health food stores nationwide. To find a store in your area, call the company toll-free at (800) 882-9577. We also urge you to visit their website at www.coralcalcium.com for information about this vital mineral-rich supplement.



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